

**Current Concepts in Sleep 26<sup>th</sup> Annual Conference  
August 28-29, 2026**



**Friday, August 28, 2026**

7:00-8:00 AM	<b>Continental Breakfast with Exhibitors</b>			
	<b>Welcome and Moderator: William Anderson MD</b>			
8:00-8:40 AM	<b>Keynote Presentation: Gerald George Mannikarote MD, Robert Miller RPSGT, Emerson Kerr RPSGT</b> The Future of Sleep- Where are we going?			
8:40-09:20 AM	<b>Shahrokh Javaheri MD</b> Central Sleep Apnea			
9:20-10:00 AM	<b>William Noah MD</b> Using KPAP to Treat OSA: Replacing 30 years of Understanding and Engineering			
10:00-10:30 AM	<b>Refreshment Break with Exhibitors</b>			
	<b>Moderator: Suketu Shah MD</b>			
	<b>Clinical Session Panel Novel Approaches to OSA treatment</b>			
10:30-12:00 PM	<b>Karel Calero MD</b> OSA Medications Research Aroxybutynin & Atomoxetine vs Acetazolamide & Dronabinol	<b>Abay Sharma MD</b> Advances in Hypoglossal Nerve Stimulator technology	<b>Justin Elikofer DDS</b> Advances in Dental Sleep Medicine Compliance and Pulse Oximetry	<b>William Noah MD</b> Advances in PAP therapy KPAP
12:00-1:00 PM	<b>Lunch Presented by : Alkermes</b>			
	<b>Moderator: Michael Hammond RPSGT</b>		<b>Moderator: Carlos Diaz-Sein RPSGT</b>	
	<b>Technical Session</b>		<b>Clinical Session</b>	
1:00-1:45 PM	<b>Michael Coleman RPSGT</b> Advanced Titration of the HGNS		<b>Kai Gootam MD</b> ADHD and Sleep	
1:45-2:30 PM	<b>Hanna Fitterman-Harris PhD</b> CBTI Overview for the Sleep Technologist		<b>Sogol Javaheri MD</b> Idiopathic Hypersomnia	
2:30-3:00 PM	<b>Refreshment Break with Exhibitors</b>			
	<b>Moderator: Laiheng Maldonado APRN</b>			
	<b>Insomnia Panel discussion</b>			
3:00-5:00 PM	<b>Sagrika Nallu MD</b> Insomnia vs Circadian Rhythm Disorders	<b>Sogol Javaheri MD</b> Insomnia Medication Treatments	<b>Hanna Fitterman-Harris PhD</b> Pitfalls of CBTi	<b>Christina McMrae PhD</b> Secondary Insomnia
5:00-6:30 PM	<b>Sponsored Reception/Happy Hour with Exhibitors</b>			

**Current Concepts in Sleep 24<sup>th</sup> Annual Conference**  
**August 21-22, 2026**  
**Saturday, August 29, 2026**



7:00-8:00 AM	<b>Continental Breakfast with Exhibitors</b>			
	<b>Welcome and Moderator: William Anderson MD</b>			
8:00 - 9:00 AM	<b>Keynote Presentation:</b> <b>Michael R. Nadorff, Ph.D.</b> Diagnosing, Categorizing and Treating Nightmares			
9:00-10:00 AM	<b>Emerson Kerr RPSGT</b> The Present and the Future of AI and Sleep			
10:00-10:30 AM	<b>Refreshment Break with Exhibitors</b>			
	<b>Moderator: Carolyn Madden APRN</b>		<b>Moderator: Margret Copozzi RN</b>	
	<b>Pediatric Session</b>		<b>Hypoglossal Nerve Stimulation Panel Discussion</b>	
10:30-11:15 AM	<b>Eliot Katz MD</b> Pediatric Sleep Inertia	<b>Abay Sharma MD</b> Inspire V	<b>Maria Surna MD</b> Nyxoah Genio	<b>Mitch Miller MD</b> LivaNova Aura 6000
11:15-12:00 PM	<b>Sagrika Nallu</b> Pediatric MSLT/MWT AASM Protocol Update			
12:00-1:00 PM	<b>Lunch Presented by</b>			
	<b>Moderator: Gemma Gulati MD</b>			
1:00-1:45 PM	<b>Robert Miller RPSGT</b> The Future Sleep Center			
1:45-2:30 PM	<b>Carlton Kemp, Jr., MD</b> The Hypoxic Burden			
2:30-3:00 PM	<b>Jeremy McConnell MD</b> Obesity and Sleep Apnea			
3:00-3:30 PM	<b>Refreshment Break with Exhibitors</b>			
	<b>Moderator: Alicia Louise RPSGT</b>			
3:30- 4:00 PM	<b>Natarajan Subramanian MD</b> RLS therapy in 2026 - Updates for a moving target			
4:00-4:30 PM	<b>Michael R. Nadorff, Ph.D.</b> TBA			
4:30-5:00 PM	<b>Luis Ortiz MD</b> Autism and Sleep Current Concepts in Sleep 2027			
	<b>End of Conference</b>			